

COGNITIVE LEARNING STRATEGIES

STRATEGY	PURPOSE	ACTIVITY
REHEARSAL	To practice the material being learned.	Repetition, copying, listing and underlining.
ELABORATION	To associate a new piece of information with information already learned.	Forming mental images, paraphrasing, summarizing, forming analogies and relating new information to known information.
ORGANIZING	To arrange material into an organized framework.	Grouping, outlining and diagramming.
COMPREHENSION MONITORING	To monitor learning progress and select alternative strategies if necessary.	Self-questioning to check for understanding and goal setting.
AFFECTIVE	To make the student aware of their learning environment.	Maintaining attention, time management and reducing anxiety.